

Dr. Jay Sheree

JAY-SHEREE ALLEN, MD

MEDIA KIT



“YOUR FAVE DOCTOR FRIEND”

Hi,
I'm Dr. Jay Sheree



|

AS A MILLENNIAL, I'M A HEALTH ADVOCATE FOR MY GENERATION.

I'm able to share medical information in a digestible fashion and I recognize the power of media to deliver relevant and timely health messages beyond the clinic.

About



Dr. Jay-Sheree Allen is a Board-Certified Family Medicine Physician and National Health Service Corps Scholar currently practicing in an underserved clinic and critical access hospital in Central Minnesota. She completed her residency training at the Mayo Clinic. While there, she was as a member of the Mayo Clinic Alumni Association Board of Directors and the President of the Mayo Fellows Association. She graduated from Meharry Medical College in Nashville Tennessee and was the recipient of the Family Medicine Leadership Award. She received her Bachelor's degree in Psychology, Magna Cum Laude, from The City College of the City University of New York where she was a Colin Powell Fellow.

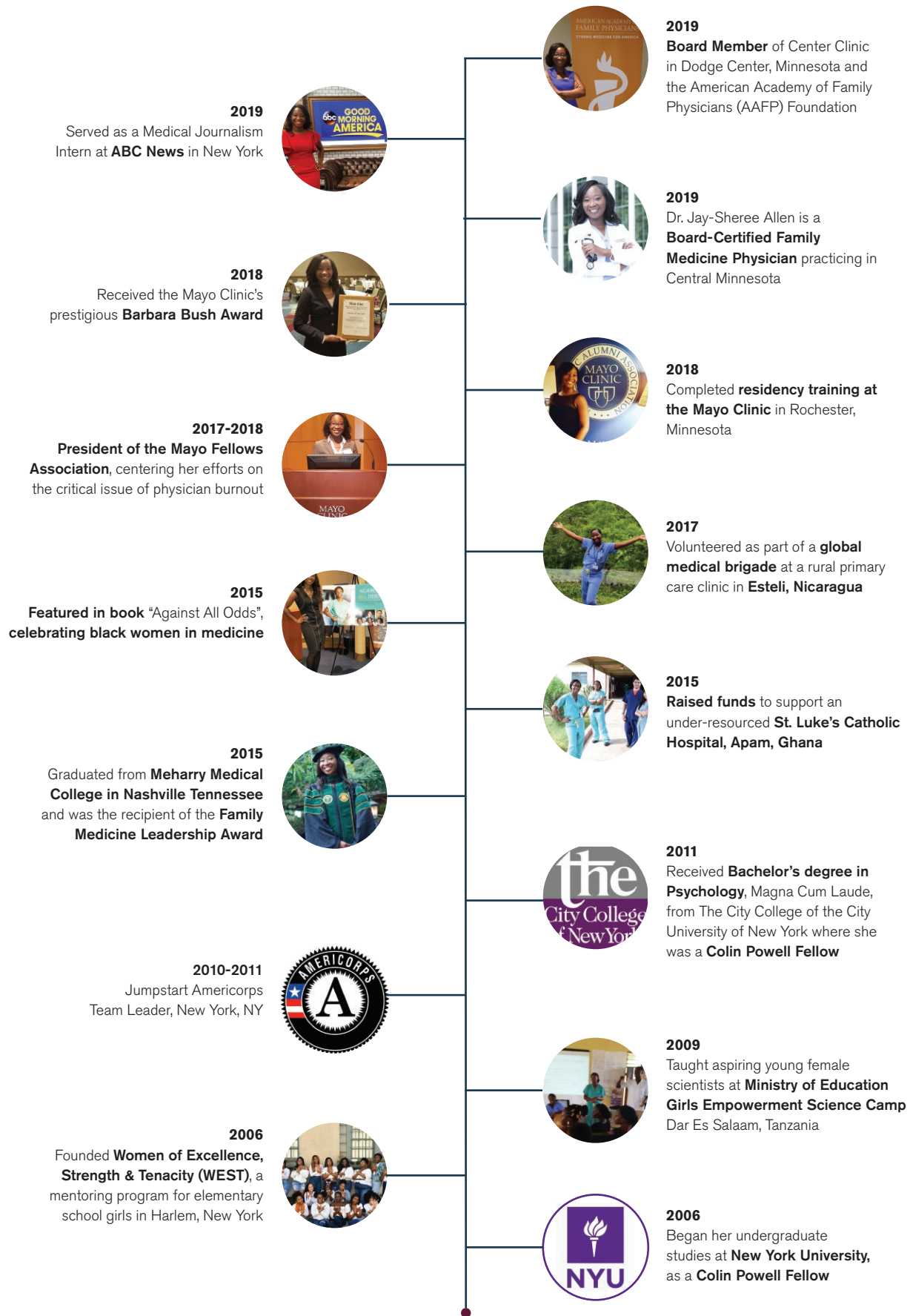
She founded Women of Excellence, Strength & Tenacity (WEST) an organization dedicated to empowering young women to live up to their highest potential. She continues to support philanthropic efforts in medicine, through volunteering locally and abroad.

She is committed to improving the health of our generation, both locally and globally, through the promotion and practice of primary care and preventative medicine. Recognizing the power of media, to deliver relevant and timely health messages outside of the confines of a limited clinic appointment, she has published numerous articles with ABC News in New York City as a Medical Journalism Intern and has recorded multiple episodes for CentraCare's Your Health podcast.

Dr. Jay-Sheree is Jamaican born and New York raised. She lives with her husband Dr. Joseph Akambase in Minnesota.



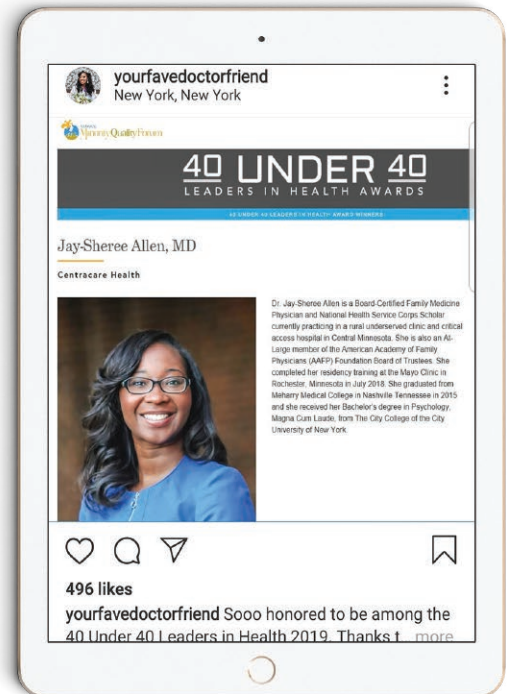
ACHIEVEMENTS



IN THE Media



I ultimately chose this field because I wanted to be able to do **the most good for the most people**. As a family medicine physician, I'd be able to do just that!"



Recognized by the National Minority Quality Forum as **40 Under 40 Leaders in Health 2019**.

Contact

SPEAKING TOPICS

- Women's Health
- Primary Care and Preventative Medicine
- Leadership in Healthcare
- Health Disparities in Underserved Communities
- Women and Minorities in Medicine

jay@drjaysheree.com
www.drjaysheree.com

ARTICLES & VIDEOS

Click Here

